

Customer Information Sheet

Date of purchase Date of Risk Time of Risk

Please read this information carefully and please don't hesitate to speak to the pharmacist if you have any questions.

Emergency Hormonal Contraception

You have purchased 2 Levonorgestrel 750mcg Tablets (Levonelle). These must be started within 72 hours (3 days) of unprotected sex - the sooner the better. They contain the hormone progestogen. They work by making the lining of the womb unsuitable for a pregnancy to develop and sometimes by delaying the release of an egg from your ovary. **This is NOT the same as an abortion.**

How to take the tablets

Take the FIRST tablet as soon as possible - at

Take the SECOND tablet 12 hours later at

Make sure that you complete the course.

What to do if you feel sick

Taking the tablets with food helps to reduce this, but if you do feel sick ask the pharmacist to recommend something you can buy. If you **are sick (vomit)** within **3 hours** of taking a tablet you should **take the other tablet immediately**. Then make sure you obtain a replacement tablet to take 12 hours later. Replacement tablets can normally be obtained free of charge from the NHS Walk-in Centre, the Central Health Clinic or your GP. Alternatively we can sell you an additional tablet. If you are sick (vomit) within 3 hours of taking the second tablet you should contact your GP, Pharmacist, Family Planning Clinic or NHS Walk-in Centre immediately.

Contraception

Remember to use condoms in addition to your usual method.

If you are taking the pill continue to take it but also use condoms for the next seven days.

Please take this information sheet with you to the Clinic or your GP

If you are planning to start the pill, you may start it on the first day of your next period/withdrawal bleed after taking Levonelle.

Your Next Period

This may be early or late, however, if you do not have a period within 4 weeks of taking this you must consult a doctor.

WARNING

Emergency contraception does not protect against sexually transmitted infections, however, condoms do reduce the risk.

Emergency Coil Fitting.

If you would like to discuss this contact the Central Health Clinic, Mulberry Street -Tel - 271 8840

	<u>Levonorgestrel</u>	<u>IUCD</u>
Mode of Action	ovulation,fallopian tubes,implantation	lining, sperm mobility, passage of ovum
Efficacy - within 24 hours	95%	over 99%
25-48 hours	85%	over 99%
48-72 hours	58%	over 99%
3 - 5 days	n/a	over 99%
Side effects	May cause Nausea	Bleeding may be heavier & longer at first
Effect on Foetus	No evidence of problems	No evidence of problems
Effect on breast feeding	Minute amounts but no evidence of harm	n/a

**Emergency Contraception is for
emergencies only
it does not replace normal contraception.**